



# Push® med Foot Brace FP - Foot/Heel Support Reinvented

*A New Approach in the Treatment of Plantar Fasciitis*

## Clinical Taping Technique in a Wearable Form

*Comfortable, Targeted Support From Morning to Night*

- **Innovative Fascia Relief:** Based on proven taping technique developed by Belgian sports physician Filip Parmentier that connects the heel and the forefoot reducing tension on the plantar fascia without applying pressure to the sole.
- **All-Day Pain Management:** Effectively reduces fascia tension during all activities, providing relief for both acute and chronic plantar fasciitis and heel pain conditions.
- **Versatile Wear Options:** Thin, lightweight design, compatible with any footwear or barefoot, ensuring continuous support without limiting daily or sporting activities.
- **Customizable Comfort:** Self-adjustable crossing-straps design creates a stable, comfortable support structure that relieves pain without restricting movement.
- **Promotes Natural Healing:** Reduces heel bone tension to create optimal healing conditions rather than just masking symptoms while still maintaining functional freedom.

### Indications:

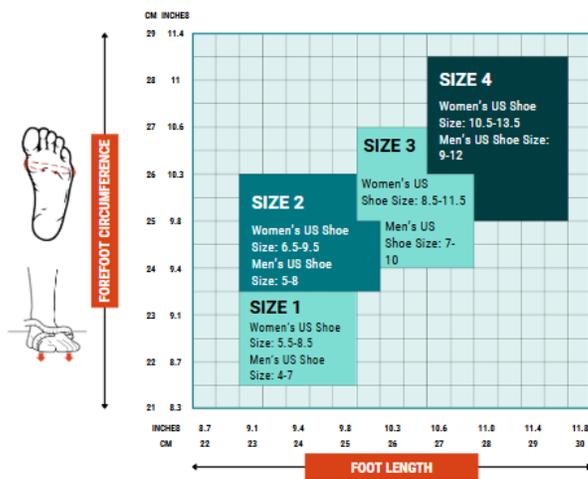
- Plantar fasciitis
- Plantar heel pain

### Contraindications:

- Certain medical conditions may be negatively impacted by compression or local pressure, potentially aggravating complaints



## Measuring/Sizing:



### Select Left or Right:

- Measure around the ball of the foot and your foot length from toe to heel edge as shown.
  - When measuring your forefoot circumference, make sure you are bearing weight on the foot being measured.
- Cross reference the two measurements on the chart to choose the appropriate size.



Application  
Instructions



\*Shoe size equivalents are approximations only. If you are between sizes, we recommend sizing down.